

WORKSHOP SCHEDULE

FRIDAY 13TH MARCH



WORKSHOP SCHEDULE

FRIDAY 13TH MARCH

| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|---|--|--|--|
| 8:00 am | | | | Shen Gong Nicole Lee 8:00am - 9:00am |
| 8:30 am | Tantra Flow Yoga Jane Mallick 8:30am - 9:30am | Yin/Yang Yoga- LittleYogiLou 8:30am - 9:30am | Laughter Yoga for Adults and Maidens Kerrin Mosterd 8:30am - 9:30am | |
| 9:00 am | | | | |
| 9:30 am | | | | |
| 10:00 am | Soul Circles Drumming Djulz Chambers 10:00am - 11:00am | Divine Feminine Sound Healing Clare McCulloch 10:00am - 11:00am | Consent Lab Erika Munton and Jo Watson 10:00am - 11:00am | |
| 10:30 am | | | | |
| 11:00 am | | | | Weaving Rene Bahloo 10:00am - 2:00pm |
| 11:30 am | Earthdance Karla Riddell and Rhiannon Bright 11:30am - 12:30pm | Find Your Soul Sisters Michele Pepler 11:30am - 12:30pm | Simple Ayurveda for Teenagers Christina Covington 11:30am - 12:30pm | |
| 12:00 pm | | | | Spirit Dolls Joy Serwylo 10:00am - 2:00pm |
| 12:30 pm | | | | |
| 1:00 pm | Goddess Sound Healing Lou Van Stone 1:00pm - 2:00pm | EMBODY: Womb Activation Foxy Feelgood 1:00pm - 2:00pm | Connecting Connection Michelle and Monique Buggy 1:00pm - 2:00pm | |
| 1:30 pm | | | | |
| 2:00 pm | | | | |
| 2:30 pm | OPENING CEREMONY | | | |

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|---|---|--|--|---|-------------------------|
| | | | | | 8:00 am |
| | | Mindfulness Meditation Fiona Neason 8:30am - 9:30am | | Morning Mantra Welcome Gaurima Grace and Johanna Bodewes 8:30am - 9:30am | 8:30 am |
| Rest Ritual/ Restorative Yoga Lorna Fox 9:00am - 10:00am | Heart Opening Vinyasa Eva Michelle 9:00am - 10:00am | | Chanting and Heartsongs Kate B 9:00am - 10:00am | | 9:00 am |
| | | | | | 9:30 am |
| | | | | | 10:00 am |
| Creative Prayer Louise Tarrier 10:30am - 12:00pm | Yin Yang and Menstrual Cycles Dr Lea Zarnowski 10:30am - 12:00pm | Wise Woman Mediation Ruth Oliver 10:00am - 11:30am | Menopause and Ceremony Yia Alias 10:30am - 12:00pm | | 10:30 am |
| | | | | She Wakes the World Pollyanna Darling 11:00am - 11:30am | 11:00 am |
| | | | | | 11:30 am |
| | | | | From Vision to Product Chiara To 12:00pm - 12:30pm | 12:00 pm |
| | | Womb Centred Life: Womb Circle Wendy Bennett 12:00pm - 1:30pm | | | 12:30 pm |
| The Science of Intuition Ricci-Jane Adams 12:30pm - 2:00pm | Power of Boundaries Claire Nettley 12:30pm - 2:00pm | | Bully Busters Blueprint TM Christine Watts 12:30pm - 2:00pm | Discovering Your Strength Melanie Harris-Brady 1:00pm - 1:30pm | 1:00 pm |
| | | | | | 1:30 pm |
| | | | | | 2:00 pm |
| | | | | | 2:30 pm |
| | | | | | OPENING CEREMONY |

WORKSHOP SCHEDULE

FRIDAY 13TH MARCH



| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|--|--|---|---|
| 3:00 pm | | | | |
| 3:30 pm | | | | |
| 4:00 pm | Toning Chakras Eva Michelle | Love Yourself, Love Your Body Lunaria Gaia | Who ON Earth Are You? Heidi Hosking | Spirit Dolls Joy Serwylo |
| 4:30 pm | 4:00pm - 5:00pm | 4:00pm - 5:00pm | 4:00pm - 5:00pm | 3:00pm - 6:30pm |
| 5:00 pm | | | | Weaving Rene Bahloo |
| 5:30 pm | | | | 3:00pm - 6:30pm |
| 6:00 pm | Dancehall Queen Kitty Cat | Sound Meditation Katie Underwood | | |
| 6:30 pm | 5:30pm - 6:30pm | 5:30pm - 6:30pm | | |
| 7:00 pm | | | | |
| 7:30 pm | The Cassettes 80s Dance Marissa Treichel | | | |
| 8:00 pm | 7:00pm - 8:00pm | | | |
| 8:30 pm | Booty Shaking Glory DJ Kellie | CONCERT 7:00pm - 11.45pm | | The Spirit and Soul Show Lindie Gunston |
| 9:00 pm | 8:00pm - 9:00pm | | | Tonia Reeves |
| 9:30 pm | | | | 8:00pm - 10:00pm |
| 10:00 pm | Pleasure Ritual – Womb Reclamation Adaja Black | | | |
| 10:30 pm | 9:30pm - 11:00pm | | | |
| 11:00 pm | | | | |
| 11:30 pm | | | | |

WORKSHOP SCHEDULE

FRIDAY 13TH MARCH

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|--|--|---|---|--|----------|
| | | | | | 3:00 pm |
| | | | | | 3:30 pm |
| Shame and The Underworld Charlotte Young and Jo Violet | The Greatest Love Affair Nilanthi Chandra and Emma Power | Sovereign Woman Women's Circle Sally-Ann Charnock | Death, Dying and Ceremony Zenith Virago | I Wish You Knew Lily Isobella | 4:00 pm |
| 4:00pm - 5:30pm | 4:00pm - 5:30pm | 4:00pm - 5:30pm | 4:00pm - 5:30pm | 4:00pm - 4:30pm | 4:30 pm |
| | | | | Pure Energy Alicia D Temmerman | 5:00 pm |
| | | | | 5:00pm - 5:30pm | 5:30 pm |
| | | | | | 6:00 pm |
| Menopause and Sexuality Catherine Ishwari Shead | The Anatomy of Anxiety Annie Carter | Birth Stories Circle Annie Tayleur | Spiritual Marketing Clare Elizabeth Dea | Perimenopause -What is it? Sarah Valentini | 6:00 pm |
| 6:00pm - 7:30pm | 6:00pm - 7:30pm | 6:00pm - 7:30pm | 6:00pm - 7:30pm | 6:00pm - 6:30pm | 6:30 pm |
| | | | | Respectful Relationships Kiara D'ademo | 7:00 pm |
| | | | | 7:00pm - 7:30pm | 7:30 pm |
| | | | | | 8:00 pm |
| Sexual Healing Ritual Sonja Shradha. Devi | The Magic of Energy Clearing Michella Vornovaty | | Witch Heal Thyself Lizzy Rose | Bring Sex(y) Back to Fertility Helen Zee | 8:00 pm |
| 8:00pm - 9:00pm | 8:00pm - 9:30pm | | 8:00pm - 9:30pm | 8:00pm - 8:30pm | 8:30 pm |
| | | | | | 9:00 pm |
| | | | | Same Sex Tantra Danica Lani | 9:30 pm |
| | | | | 9:00pm - 10:30pm | 10:00 pm |
| Sacred Seductress Elisa Caro | | | | | 10:30 pm |
| 10:00pm - 11:30pm | | | | | 11:00 pm |
| | | | | | 11:30 pm |

WORKSHOP SCHEDULE

SATURDAY 14TH MARCH



WORKSHOP SCHEDULE

SATURDAY 14TH MARCH

| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|---|---|--|--|
| 7:00 am | Tantra Flow Yoga Jane Mallick 7:00am - 8:00am | Morning Mantra Welcome Gaurima Grace and Johanna Bodewes 7:00am - 8:00am | | Shen Gong Nicole Lee 7:00am - 8:00am |
| 7:30 am | | | | |
| 8:00 am | | | | |
| 8:30 am | Yoga/Pilates Mobility Anna Taylor 8:30am - 9:30am | Yin/Yang Yoga LittleYogiLou 8:30am - 9:30am | Laughter Yoga for Adults and Maidens Kerrin Mosterd 8:30am - 9:30am | |
| 9:00 am | | | | |
| 9:30 am | | | | |
| 10:00 am | Pelvic JuJU Bonnie Bliss 10:00am - 11:00am | Goddess Sound Healing Lou Van Stone 10:00am - 11:00am | Magick Maiden Jam Renee Mayne 10:00am - 11:00am | Crafting a SacRed Clay Yoni Kirrilee Heartman 9:00am - 5:00pm |
| 10:30 am | | | | |
| 11:00 am | | | | |
| 11:30 am | Earthdance Karla Riddell and Rhiannon Bright 11:30am - 12:30pm | Find Your Soul Sisters Michele Pepler 11:30am - 12:30pm | Self-Care and Your Cycle Melissa Jeffcott 11:30am - 12:30pm | Positively Embodied Elysia Anketell 9:00am - 5:00pm |
| 12:00 pm | | | | |
| 12:30 pm | | | | |
| 1:00 pm | Afro Colombian Moves Karen Bravo 1:00pm - 2:00pm | Self-Marriage Ceremony Ej Love 1:00pm - 2:00pm | Vision Boarding 4 Clarity Marilou Coombe and Claire Bednall 1:00pm - 2:00pm | |
| 1:30 pm | | | | |

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|---|---|--|--|--|----------|
| Rest Ritual/ Restorative Yoga Lorna Fox 7:00am - 8:00am | Kundalini Yoga – She Who Flows is Free Melissa Mason 7:00am - 8:00am | | Just Yoga Capucine Penicaud 7:00am - 8:00am | | 7:00 am |
| | | | | | 7:30 am |
| | | | | Chanting and Heartsongs Kate B 8:00am - 9:00am | 8:00 am |
| Creative Prayer Louise TARRIER 8:30am - 10:00am | Spiritual Marketing Clare Elizabeth Dea 8:30am - 10:00am | Mindfulness Meditation Fiona Neason 8:30am - 9:30am | Surgical Rites of Passages Sarah Miller and Nymh Fox 8:30am - 10:00am | | |
| | | | | | |
| | | | | This Positive Life Mistress Mel 9:30am - 10:00am | 9:30 am |
| | | | | | |
| Witch Heal Thyself Lizzy Rose 10:30 am - 12:00pm | Riding the Tiger Healing Shame Jacqui Bushell 10:30am - 12:00pm | Sovereign Woman Women's Circle Sally-Ann Charnock 10:00am - 11:30am | Power of Boundaries Claire Nettley 10:30am - 12:00pm | The Science of Sleep Dr Natasja Fox 10:30am - 11:00am | 10:30 am |
| | | | | | |
| | | | | Endometriosis Epidemic Dr Lea Zarnowski 11:30am - 12:00pm | 11:30 am |
| | | | | | |
| The Science of Intuition Ricci-Jane Adams 12:30pm - 2:00pm | Bully Busters Blueprint TM Christine Watts 12:30pm - 2:00pm | Wise Woman Meditation Ruth Oliver 12:00pm - 1:30pm | Beyond Burnout Meg Berryman 12:30pm - 2:00pm | Un-Busy Yo'Self Claire Riley 12:30pm - 1:00pm | 12:30 pm |
| | | | | | |
| | | | | Food Uprising Nikki Valentini 1:30pm - 2:00pm | 1:30 pm |
| | | | | | |

WORKSHOP SCHEDULE

SATURDAY 14TH MARCH

| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|--|--|--|--|
| 2:00 pm | | | | |
| 2:30 pm | Dancing Freedom Phoenix Onesong 2:30pm - 3:30pm | Mystical Activation Hypnotheric Soundscapes 2:30pm - 3:30pm | Vision Boarding 4 Clarity Marilou Coombe and Claire Bedhall 2:30pm - 3:30pm | <i>Cont...</i> Crafting a SacRed Clay Yoni Kirrilee Heartman 9:00am - 5:00pm |
| 3:00 pm | | | | |
| 3:30 pm | | | | <i>Cont...</i> |
| 4:00 pm | Dancehall Queen Kitty Cat 4:00pm - 5:00pm | Lets Talk Breast Care Sanne 4:00pm - 5:00pm | Celebrating with a Difference Janoel Liddy 4:00pm - 5:00pm | Positively Embodied Elysia Anketell 9:00am - 5:00pm |
| 4:30 pm | | | | |
| 5:00 pm | | | | |
| 5:30 pm | Sound Mediation Katie Underwood 5:30pm - 6:30pm | Pelvic JuJU Bonnie Bliss 5:30pm - 6:30pm | Simple Ayurveda for Teenagers Christina Covington 5:30pm - 6:30pm | |
| 6:00 pm | | | | |
| 6:30 pm | | | | |
| 7:00 pm | The Cassettes 80s Dance Marissa Treichel 7:00pm - 8:00pm | | | How to Heal Yourself Claire Besley 7:00pm - 9:00pm |
| 7:30 pm | | | | |
| 8:00 pm | 90s/2000s classics DJ Kellie 8:00pm - 9:00pm | | | |
| 8:30 pm | | CONCERT 7:00pm - 11.45pm | | |
| 9:00 pm | | | | |
| 9:30 pm | Pleasure Ritual – Womb Reclamation Adaja Black 9:30pm - 11:00pm | | | |
| 10:00 pm | | | | |
| 10:30 pm | | | | |
| 11:00 pm | | | | |
| 11:30 pm | | | | |

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SATURDAY 14TH MARCH

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|---|---|---|--|--|----------|
| | | | | | 2:00 pm |
| Shame and The Underworld Charlotte Young and Jo Violet 2:30pm - 4:00pm | The Greatest Love Affair Nilanthi Chandra and Emma Power 2:30pm - 4:00pm | Womb Centred Life: Womb Circle Wendy Bennett 2:00pm - 3:30pm | Love Money Mindset Amanda Walker 2:30pm - 4:00pm | Love Your Lady Parts Emma Tippett 2:30pm - 3:00pm | 2:30 pm |
| | | | | Plus Size Pleasure Amy Towle 3:30pm - 4:00pm | 3:00 pm |
| | | | | | 3:30 pm |
| | | | | | 4:00 pm |
| | | Moon Wisdom Goddess Circle Belinda O'Dea 4:00pm - 5:30pm | | 10 tips for Taming Anxiety Helen Rimington 4:30pm - 5:00pm | 4:30 pm |
| Sensual Play Helen Zee 4:30pm - 6:00pm | Yin Yang and Menstrual Cycles Dr Lea Zarnowski 4:30pm - 6:00pm | | Death, Dying and Ceremony Zenith Virago 4:30pm - 6:00pm | | 5:00 pm |
| | | | | Oestrogen-The Good, Bad and Ugly Sally Mathrick 5:30pm - 6:00pm | 5:30 pm |
| | | | | | 6:00 pm |
| | | Birth Stories Circle Annie Tayleur 6:00pm - 7:30pm | | Planning with the Planets Shu Yap 6:30pm - 7:00pm | 6:30 pm |
| Sexual Healing Ritual Sonija Shrada. Devi 6:30pm - 8:00pm | Freedom from Emotional Eating Talitha Newton 6:30pm - 8:00pm | | Live Love Labia McGee B 6:30pm - 8:00pm | | 7:00 pm |
| | | | | The Magic of Energy Clearing Michella Vornovaty 7:30pm - 9:00pm | 7:30 pm |
| | | | | | 8:00 pm |
| Sacred Seductress Elisa Caro 8:30pm - 10:00pm | Mother Tongue Showcase Fleasy Malay 8:30pm - 10:30pm | | Same Sex Tantra Danica Lani 8:30pm - 10:00pm | | 8:30 pm |
| | | | | | 9:00 pm |
| | | | | | 9:30 pm |
| | | | | | 10:00 pm |
| | | | | | 10:30 pm |
| | | | | | 11:00 pm |
| | | | | | 11:30 pm |

WORKSHOP SCHEDULE

SUNDAY 15TH MARCH



WORKSHOP SCHEDULE

SUNDAY 15TH MARCH

| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|---|--|--|--|
| 7:00 am | Kundalini Yoga – She Who Flows is Free Melissa Mason 7:00am - 8:00am | Yin/Yang Yoga LittleYogiLou 7:00am - 8:00am | Laughter Yoga for Adults and Maidens Kerrin Mosterd 7:00am - 8:00am | |
| 7:30 am | | | | |
| 8:00 am | | | | |
| 8:30 am | Yoga/Pilates Mobility Anna Taylor 8:30am - 9:30am | Mystical Activation Hypnotic Soundscapes 8:30am - 9:30am | Mindful Movement for Maidens Claire Bednall 8:30am - 9:30am | Weaving Rene Bahloo 8:30am - 4:30pm |
| 9:00 am | | | | |
| 9:30 am | | | | |
| 10:00 am | Goddess Sound Healing Lou Van Stone 10:00am - 11:00am | Get Your Sing on Sing Circle Metta Paterson 10:00am - 11:00am | Connecting Connection Michelle and Monique Buggy 10:00am - 11:00am | |
| 10:30 am | | | | |
| 11:00 am | | | | |
| 11:30 am | Dancing Freedom Phoenix Onesong 11:30am - 12:30pm | Divine Feminine Sound Healing Clare McCulloch 11:30am - 12:30pm | Who ON EARTH Are You? Heidi Hosking 11:30am - 12:30pm | |
| 12:00 pm | | | | |
| 12:30 pm | | | | |

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|--|---|--|---|---|----------|
| | | Morning Mantra Welcome Gaurima Grace and Johanna Bodewes 7:00am - 8:00am | | | 7:00 am |
| Pelvic JuJU Bonnie Bliss 7:30am - 8:30am | Heart Opening Vinyasa Eva Michelle 7:30am - 8:30am | | Just Yoga Capucine Penicaud 7:30am - 8:30am | | 7:30 am |
| | | | | Chanting and Heartsongs Kate B 8:00 - 9:00am | 8:00 am |
| | | | | | 8:30 am |
| Grandmother Urgency Rhea Dempsey and Jane Hardwicke-Collings 9:00am - 10:30am | The Anatomy of Anxiety Annie Carter 9:00am - 10:30am | Moon Wisdom Goddess Circle Belinda O'Dea 8:30am - 10:00am | Menopause and Ceremony Yia Allis 9:00am - 10:30am | | 9:00 am |
| | | | | How to Heal Yourself Claire Besley 9:30am - 10:00am | 9:30 am |
| | | | | | 10:00 am |
| | | Womb Centred Life: Womb Circle Wendy Bennett 10:30am - 12:00pm | | | 10:30 am |
| | | | | | 11:00 am |
| Vulnerable Sisterhood Mary Soderiou 11:00am - 12:30pm | Sex Positive Parenting Lily Isobella 11:00am - 12:30pm | | Surgical Rites of Passages Sarah Miller and Nymh Fox 11:00am - 12:30pm | Radical Self-Acceptance Annie Carter 11:30am - 12:00pm | 11:30 am |
| | | | | | |
| | | | | | 12:30 pm |

WORKSHOP SCHEDULE

SUNDAY 15TH MARCH



WORKSHOP SCHEDULE

SUNDAY 15TH MARCH

| TIME | BODYWISE | THE HUB | MAIDENS | ART |
|----------|--|---|---|---|
| 12:30 pm | | | | |
| 1:00 pm | EMBODY: Womb Activation Foxy Feelgood 1:00pm - 2:00pm | Let's Talk Breast Care Sanne 1:00pm - 2:00pm | Magick Maiden Jam Renee Mayne 1:00pm - 2:00pm | <i>Cont...</i> Weaving Rene Bahloo 8:30am - 4:30pm |
| 2:00 pm | | | | |
| 2:30 pm | Afro Colombian Moves Karen Bravo 2:30pm - 3:30pm | Self-Marriage Ceremony EJ Love 2:30pm - 3:30pm | Celebrating with a Difference Janoel Liddy 2:30pm - 3:30pm | <i>Cont...</i> Macrame Get Your Bells On Renske Bergman 8:30am - 4:30pm |
| 3:00 pm | | | | |
| 3:30 pm | | | | |
| 4:00 pm | Soul Circles Drumming Djulz Chambers 4:00pm - 4.50pm | Sound Meditation Katie Underwood 4:00pm - 5:00pm | Consent Lab Maidens Erika Munton and Jo Watson 4:00pm - 4.50pm | |
| 4:30 pm | | | | |
| 5:00 pm | CLOSING CEREMONY | | | |

| RITUAL SPACE | SACRED SPACE | WOMEN'S CIRCLE SPACE | CIRCLE OF STONES | LIFESKILLS | TIME |
|--|--|---|---|--|----------|
| | | Sovereign Woman Women's Circle Sally-Ann Charnock 12:30pm - 2:00pm | | Lifetime Astrological Transits Shu Yap 12:30pm - 1:30pm | 12:30 pm |
| Menopause and Sexuality Catherine Ishwari Shead 1:00pm - 2:30pm | Riding the Tiger Healing Shame Jacqui Bushell 1:00pm - 2:30pm | | Freedom from Emotional Eating Talitha Newton 1:00pm - 2:30pm | | 1:00 pm |
| | | | | Pondering Grief Creatively Linda Espie 2:00pm - 3:00pm | 2:00 pm |
| | | Wise Woman Meditation Ruth Oliver 2:30pm - 3:30pm | | | 2:30 pm |
| | | | | | 3:00 pm |
| Sensual Play Helen Zee 3:00pm - 4:30pm | Love your Body, Love Yourself Lunaria Gaia 3:00pm - 4:30pm | | Beyond Burnout Meg Berryman 3:00pm - 4:30pm | Live Love Labia McGee B 3:30pm - 4:30pm | 3:30 pm |
| | | | | | 4:00 pm |
| | | | | | 4:30 pm |
| | | | | | 5:00 pm |
| CLOSING CEREMONY | | | | | |

